The new Photo ID in Pennsylvania is very confusing and continues to be a political football as the legislation is tossed back and forth between the courts.

In order to vote on November 6, 2012 (and the Disability vote is the largest block of people who frequently do not vote) you need to show a current PA Photo license/ID. The import information on your ID that must be displayed is your name, photo, and an expiration date. If your ID has expired or does not have an expiration date it can not be used. Examples of acceptable ID include PA Asbestos Certification, PA Lead Certification, Id from Personal Care homes that includes name, photo, and an expiration date.

If you do not have a current ID to present on the Day of Election, you may fill out a provisional ballot. A provisional ballot is used to record a vote when there are questions regarding a voter’s eligibility. A provisional ballot is used when a voter’s name does not appear on the precinct listing, contains outdated information.

My Road of Recovery by Vincent Davis

Life was my coach when I was on the ropes, teaching me how to take a punch and how to give one so that created balance. Losing a parent as an adolescent was a learning experience as I tipped the state of balance misplacing my grief for hate and anger towards family friends and even strangers. When I was discharged from school for acting like a fool hurting my home team and heading for correctional facilities, missing appointments for therapy did not help, I became a savage, some one far from the person I had imagined I would become.

Tired of being tired, I needed help but I kept being in denial, relying on self life as an antithesis, for who’s gonna listen to the boy who cried wolf. I had been the bully for so long, staying in my shell like a turtle, slow walking towards recovery.

So I made writing my hobby, jotting things down, showing me I could escape like Harriet Tubman. As I wrote I discovered I was on the right train but the wrong track. As my pen became my best friend, something I could rely on, I adapted my ways of viewing life to that of a boxer. I adopted ways of having a boxer understanding of the world. I can’t fight my opponent with the same technique, so words trapped me between the line, showing me a new way to speak.

I created a vigorous work out plan with reading a lot and the discipline to stay focused as I’m constantly sparring with my pens, pencils and markers. Fatigued at times from the mental health jumping jacks, staying on tippy toes, bobbing and weaving the mental illness complications of life from bad break ups, untimely set ups, false expectations appearing real and love ones leaving me out of the grieving process.

All you want to know about Voting 2012; From a Peer who works the Polls Kim Pry

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Vincent Davis Basil “Boo Bee” Talib is a poet, father and former gang member who has been offering poetry readings through out the city from the Dauphin County library, Midtown Scholars and Mr Mike’s Record Store.

Mistaken Identity Basil “Boo Bee” Talib

Tools for Recovery:

Recovery is the rebirth of something new. For it is not what you did before, What matters is what you do now and looking towards the future.

Through my life, I’ve been scrutinized, criticized, called names outside of what my Mother called me

Looked down for the color of my skin and the company I hang with troublemakers, bad influences

Causing disturbances, Considered armed and dangerous

Judged by others for me not letting them in

Judged by outsiders for me not letting them in

I’ve been used, feeling second hand, passed down. Told I won’t amount to anything,

Or, I would be in somebody’s warehouse supervising other inmates.

Misunderstood, a person of interest, the usual suspect of the He Did it Club

A center of blame, fingers always pointed at me like hitch hikers

I’ve been set up and framed, lied on and like to, talked about behind my back, played like a game of soccer being kicked around in the dirt.

I’ve been picked on. Guilty by association, racially profiled, stereotyped from head to toe.

Think I know it all, Told I am a drug dealer because I reside where drugs are sold

Falsely accused of wrong doing, strip searched and patted down like a terrorist

Constitutional rights steadily violated because I were blue

I’m gang related if I have tattoos, called a womanizer because I like woman

A convict who can’t change, a thug, troublemaker, gangsta,  (cont 3)

MY ROAD TO RECOVERY (CONT) VINCENT DAVIS

Writing is a way of relief for my wounds.

For my word grow out of my freewill allowing me to express to the world riveting me down a road of recovery for all of my scars have a story to tell.

Many thanks to my supporters along the journey: Olivia, Mom Easy, Ms Bonnie, Ron, Zahkee, Jibrael, Keystone, CMU and Krishawn.
All from my threads, never mind what I posses in my head
Leave it up to the hater. I’m a criminal, but I know that is not me.
It is all mistaken identity.
This poem is one of many poems of the heart found in “Voice of My People” (pen name) Basil “Boo Bee” Talib.
There is a reading of this poem by Boo Bee on PennLive.com/videos
Frank Talk about addictions and their costs to others:

Using drugs & alcohol is like throwing a stone or pebble in a pond. Ripples are created and in this case the ripples are your friends, family, work society, spouses and kids. All are affected by your choices for these ripples create pain for all around you. The pain is shown in the conflicts that occur from stealing, fights, and even killing or hurting others from the choices you make.

Drugs & alcohol can take the very person you are away from you. It can take the ability to care for other people away from you. It can impair your ability to be friends with others. It can take away your ability to care, love and support your family.

Drugs & alcohol take the very personality away from you and steals the very person you are. This can cause the very person you are to become a walking zombie. I have learned that drugs and alcohol is a disease and it is very hard to beat.

Addiction is a disability like I have autism. There are ways to treat it and live a full life.

I write this with the first hand knowledge on the costs of addiction. My brother-in-law died from a heroin overdose on trick or treat in 1998. My sister died five years later of a drug overdose. Our family will never know if it was intentional or not. My brother was in the Navy, the other guy was in the Marines. There was a head-on collision when the other guy was driving in the wrong lane and crashed into my brother. The other guy was killed in the crash. My brother has been clean for 21 years now, he has not drunk alcohol or used drugs since, but that was a costly lesson to learn.

Drugs can pollute your mind. You would not put oil in your gas tank because the car wouldn’t work. Why put drugs in your body, they won’t work. Remember an empty bottle, either drugs or alcohol means a truly empty friendship. It will hurt the ones closest to you that mean the most. Your mind will be polluted and you may not even realize it!

Think twice if you ever consider using drugs or alcohol. Do an about face and turn to you family, friends, priest, rabbi, or sponsor, they are there to support you. They want to be there for you.

We all have disabilities! We are all in the same boat and we may all have relapses. It’s hard for all of us!

I hope we can help each other!

Kenny Fisher
FROM EVERYDAY SHOES TO ART BY MONTE

Shoe art by Monte

Various artists works including drawing and mixed media

Chambersburg Mall 2012

WE NEED YOUR VOICE!!!

Do you live in Franklin or Fulton County, PA?
If so now is the time for your voices to be heard.
As the discussions continue about Franklin/Fulton MH/ID/EI becoming a nonprofit you have an opportunity to weigh in on what this would mean to you.
October 5, 2012 9 a.m.-11 a.m. EMA Room 219 N. Second Street
McConnellsburg
October 10, 2012 6:00pm-7:30pm Administrative Annex 218 N. 2nd Street
Chambersburg
Let your voice be heard! Submitted by Alicia Kaneopolus

HOW CAN ALL PEERS OFFER PEER SUPPORT

Be fully present and actively listen. Use reflective statements. Use empathy & relating statements. Validate Strengths. Pause for the person to think/speak. Honor the person as the expert.
Ask permission and keep it mutual. Ask open ended questions. Invite choices.
Use recovery language. Use empowering language & avoid power robbing language.

Creativity is harnessing universality and making it flow through your eyes.
Peter Koestenbaum
Addictions: A Disability An Analogy

We can compare ourselves to a pair of shoes.

We are like the shoe brand named: “Crocs”

“Crocs” have holes in them. We can be holy and believe in a higher power.

Shoes have a sole which is what is inside of us: our hearts, our minds and our soul.

Shoes have a tongue. We have a tongue to have good taste and to fit in and not do bad things.

Shoes have heels, in which we can heal each other and be healed.

Shoes have lace inlets which join the laces together. We are laced together in the joining of family, friends, sponsors and others in the community. Without laces it’s much more difficult to beat drugs.

It is tough to fight addiction and not be imprisoned by it. But I don’t think you are a prisoner, I see you as a person with a problem. I know what it feels like to be a prisoner. I was surrounded by stone walls when I was put in an institution as a kid for seven years.

Let’s all help one another and avoid addictions and become free to live life. Let’s work together to overcome our problems and work on our recovery.

Kenneth D. Fisher

**PHENOMENAL RESOURCES**

This is a new resource from SAMHSA—a video guide of stories of hope and recovery by individuals who attempted suicide.

[http://store.samhsa.gov/product/SMA12-4711DVD](http://store.samhsa.gov/product/SMA12-4711DVD)

Did you know that October is National Disability Employment Month. The Keystone website will be featuring some exciting success stories latter this year.

It is all about What you can do to support individuals with disabilities finding a job!!!!
BUILDING OUR RESOURCES

Peers Connect is a vision of how we can in Harrisburg build on our existing resources to create an enhanced voice for natural peer support in Dauphin County.

Peers Connect includes education and support using both community speakers and peer developed materials. The meeting are on Tuesdays 11 a.m.-2 p.m. at Market Square Presbyterian Church. Meetings planned for October include guest presentations on Transition and using the Coming Out Proud: The Art of Self Disclosure. Members are planning to attend the NAMI Conference to obtain skills in offering the NAMI Peer-Peer training.

We are working towards the development of Peers Connect by touching base with training from CONTACT on October 19, 10 a.m.-3 p.m. at the CMU office on 1100 S. Cameron St. Peers Connect by touching base is designed as a phone outreach to peers in the service system who may desire a peer to just touch base with them that they are doing ok.

The Peer Coordinators of this project are

Paula Cole Miller  pcolemiller@hotmail.com
Venetia Waters  vwaters207@comcast.net

The focus of Peers Connect is on mutually respected interactions that provide opportunities to learn, network and support each other in the spirit of natural peer support.

We are still building and developing what Peers Connect will look like and invite your input into the development of another option for peers in Dauphin County.

GETTING OUT AND ABOUT

During the last three months we have had heartfelt discussions surrounding the topic of Transportation: Getting Out and About. During these conversations we have discussed many of the reasons and barriers that affect the decision to drive. It has been everything from surviving the bus system, having straight talk conversations with family doctors to the specifics of actually deciding to obtain a license and/or a vehicle.

Moving forward our plan is that by January 2013 we will have collected stories from people in recovery about their personal choices and journey towards the freedom of transportation. The stories will be developed so that they can be available for direct care staff as individuals move forward in their own journeys into the world of transportation.
What is Leadership Council?

Leadership Council celebrating its sixth year.

Leadership Council meets twice a month with one teleconference and one face-to-face meeting. Leadership Council works in partnership with the KCMHS Management Team for the purpose of the development of recovery, person centered services. Using a variety of formats from speaking at conferences and community colleges to conducting evaluations of KCMHS agency members have opportunities for both education and empowerment by learning from peers.

LEADERSHIP COUNCIL

3609 Derry St Harrisburg PA 17111
Check out Faces of Recovery under Agency Mental Health Tab Newsletter
Phone: 717-558-8450x131
Fax: 717-558-9940
E-mail: kcorl@keystonehumanservices.org

UPCOMING EVENTS

October
10/4 Solutions for Wellness 9am 3609 Derry
10/10 Ticket to Work 6pm-8pm CMU 1100 S Cameron St Harrisburg
10/19 Peers Connect Training with CONTACT

November
11/8 It’s a WRAP Graduation 2pm-4:15pm 3609 Derry
11/16 WRAP Wellness Festival for the Holidays 10am-2pm 940 East Park Drive

December
12/13 or 12/20 Holiday @ Chambersburg (tentative)
12/17 A Time to Remember 6pm-7:30pm 3609 Derry