

Assessing and Managing Suicide Risk

Suicidal behavior is a major cause of death and disability in the United States. Over 40,000 people die by suicide each year, the equivalent of one major airliner filled with passengers crashing every two days. Hundreds of thousands of people are treated in hospital emergency departments each year following a suicide attempt.

A significant proportion of people who die by suicide have had recent contact with a mental health professional.

However, many providers are inadequately trained to assess, treat, and manage suicidal patients or clients. **Assessing and Managing Suicide Risk** was designed to address that training gap. It teaches essential core competencies that meet the needs of an entire spectrum of mental health professionals, including psychiatrists, psychologists, licensed counselors, social workers, and employee assistance professionals. Come join us for AMSR, a one day workshop for mental health professionals on assessing suicide risk, planning treatment and managing the ongoing care of the at-risk person.

November 28, 2018
9:00 am to 4:30 pm
3700 Vartan Way, Harrisburg, PA 17110

Fee: \$200 includes manual and lunch
Hosted by Keystone Human Services Mental Health

Participants will gain knowledge in the following core competencies:

- Managing one's own reactions to suicide
- Reconciling the difference and potential conflict between a clinician's goal to prevent suicide and a client's goal to eliminate psychological pain through suicide
- Maintaining a collaborative, non-adversarial stance
- Eliciting suicide ideation, behavior, and plans
- Making a clinical judgment of the risk that a client will attempt or complete suicide
- Collaboratively developing an emergency plan
- Developing a written treatment and services plan that addresses a client's immediate, acute, and continuing suicide ideation and risk for suicide
- Developing policies and procedures for following clients closely
- Implementing principles of crisis management

Assessing and Managing Suicide Risk includes:

- 6 1/2 hours of training, in a mix of lecture, paired practice, written exercises, and video modeling
- An engaging and stimulating participant manual, including bibliographies for each of the five major sections
- Post-workshop access to additional resources on a web page exclusively for AMSR participants and trainers
- Ample time for questions and discussion
- Continuing Education Credits (See below for additional information.)

Continuing Education Credits

The Suicide Prevention Research Center (SPRC) is approved by the American Psychological Association to sponsor continuing education for psychologists. SPRC retains responsibility for this program and its content. This program is approved for 6.5 CE credits through APA. SPRC is a NBCC-Approved Continuing Education Provider (ACEPTM) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. This program is approved for 6.5 clock hours. (ACEP # 6581). This program is approved by the National Association of Social Workers (#886393521-1406) for 6.5 social work continuing education contact hours. This program is also approved by the California Board of Behavioral Sciences for LMFT, LCSW, LPCC, and LEP for 6.5 CE Credits. *Partial credit will not be given for partial attendance.*

Presenters:

Ellwyn J. Andres, MA, CPRP, is Director of Professional Development for Keystone Human Services Mental Health. He is a local, state and national educator and leader in Psychiatric Rehabilitation. He currently is recognized by the Suicide Prevention Resource Center as a certified instructor for Assessing and Managing Suicide Risk – Core Competencies for Behavioral Health Professionals. He has over 35 years of experience in the behavioral health field. He is a Certified Psychiatric Rehabilitation Practitioner; an Advanced Level WRAP Facilitator through the Copeland Center for Wellness and Recovery; a Board Member of the Pennsylvania Psychiatric Rehabilitation Providers Association; and a Leader and Adjunct Educator for the Keystone Institute, a non-profit organization dedicated to the principles of Social Role Valorization.

James Heck, Ph. D. is a licensed Psychologist serving as the Director of Clinical Services for Keystone Human Services Mental Health. He is a local, state, national and international educator. Areas of expertise include social skills, academic counseling, sexual harassment, mental health recovery, suicide, family support, transition age youth, cognitive and behavioral therapies, and behavior management. Special professional interests and experience include health psychology, geriatrics, cognitive and behavioral therapies, and behavior analysis. He has many years of experience in government settings, private for profit, private non-profit and has owned and operated his own business focusing on providing community based services to people with disabilities and their support networks. He is recognized by the Suicide Prevention Resource Center as a certified instructor for Assessing and Managing Suicide Risk – Core Competencies for Behavioral Health Professionals.

Cost for the program is \$200 includes instructional materials and lunch. Make checks payable to “Keystone Service Systems”. Please note in the memo section ‘AMSR’.

Registration and payment must be made by November 20, 2018. Substitutions are allowed. Fee is non-refundable for cancellations made after November 25, 2018.

Name: _____

Organization: _____

Mailing Address: _____

Email Address: _____

Telephone Number: _____

Dietary accommodations: _____

Type of CE credits (if any): _____

Send registration and payment to Ellwyn Andres, Director of Professional Development, Keystone Human Services Mental Health, 8182 Adams Drive, Hummelstown, PA 17036

For More information regarding hotels in the area, workshop schedule, etc. contact Ellwyn Andres at eadres@keystonehumanservices.org or call 717-482-8500, extension 124.

Everyone involved in the planning and delivery of this workshop is required to disclose any relevant financial interest or other relationship with any of the following: commercial supporters of this activity; manufacturers of commercial products discussed in this workshop; and/or providers of commercial services discussed in this workshop. The faculty and planners of this activity have nothing to disclose.